



West Elgin Community Health Centre

May 2011



Mon	Tue	Wed	Thu
2	3 Grow with Baby @ Dutton Library 10am-1130am	4 OEYC Playgroup 930-1130 am	5 Making Math Fun 6-730 pm
9 What's for Supper? 10am-Noon	10	11 OEYC Playgroup 930-1130 am	12 Science Workshop 10am-Noon
16 Grow with Baby Dutton Child Care 930-11am	17 	18 Grow with Baby @ Rodney 130-3pm OEYC Playgroup	19
23 Centre Closed	24	25 OEYC Playgroup 930-1130 am	26
30 Baby Food Making 10am-Noon	31 Kitchen Kids 10am-Noon & 6pm-8pm		

“Why I Love my Mom”-come out to any of the Grow with Babies this month and make this cute activity book. For times & locations see calendar above.

What's for Supper ?

A cooking program for young families, using local grocery store flyers to make low cost meals. Children's programming is available. Call ext 2314 to register.

Grow with Baby: Well baby checks with a registered nurse, dietitian and early childhood educator. Meet other parents and talk about feeding, sleeping, safety and how babies grow, learn, play and more! See above calendar for times, dates, and location.



Let's Connect Team

For more information: 519-768-1715

Debi Feasey, Registered Nurse.....ext 2312

Cora King, Early Childhood Educator.....ext 2314

Larissa Lenhardt, Registered Dietitian.....ext 2292

Cindy daCosta, Early Childhood Educator... .ext 2202



WHAT'S HAPPENING

Infant Massage

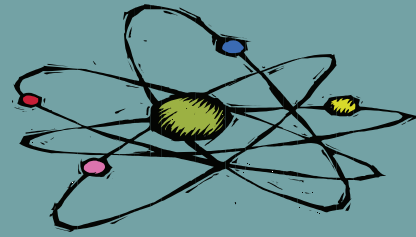
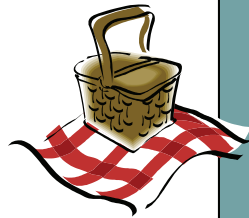
Coming Soon.....

Wed. June 8th, 15th, 22nd & 29th
1:30-3pm @ WECHC
Call ext 2314 to reserve your spot.

Kitchen Kids

“Planning a Picnic”

Tues., May 31st
10am-Noon & 6-8pm
Call ext. 2202 to register



Wonders of Science

Parent-Child Workshop
Thurs. May 12th, 10am-Noon
An interactive workshop for children (ages 2.5-5years)& parents to explore the wonderful world of science.
Call ext 2314 to register.

Baby Food Making

A program for parents with babies who have not yet started solid foods.
Mon., May 30th, 10am-Noon
Children’s programming available. Call ext 2314 to register.

Rhymer’s will be readers: it’s that simple. Experts in literacy have discovered that if children know eight nursery rhymes by heart by the time they’re four years old, they’re usually among the best readers by the time they’re eight..



Teddy Bear Picnic

Wednesday, August 10th,
10am-1pm

Save the Date

Other Services Available

- *Breast Pump Rental
- *Breast Feeding Support

Have an idea for a program or the newsletter? Contact us @ 519-768-1715 ext. 2314 or by email

For Car Seat Inquires

Call 519-768-1715
Ext 2312



EVERY ONE MATTERS